

Resources from The Florida Council on Compulsive Gambling, Inc

NAMI Pinellas Support Groups - Support Groups & Virtual Family Connect Room - COVID-19

Resource number: 67358074

A program of: Self-Help Support Groups Other Alternative Support Groups

Description

Building a better life for anyone affected by a mental illness is our purpose in this community. Whether it is a peer working to live in recovery, a family member looking to better support their loved one, or a community member who is going through hard times and needs a listening ear we are here.

Many factors between the Coronavirus (COVID-19), the economic temperature and regulations in place for the safety of all have taken our community into the unknown. As you navigate through these changes, NAMI Pinellas is determined more than ever to offer the support for the part that is neglected most- your mental health and well being.

We as a community and organization have taken extra measures to sanitize our offices, personal spaces, homes and practice mindful social distancing when possible. The recent changes to both our community and across the globe increases stress physically and mentally on any individual and family. We continue to be at the forefront of supporting the mental health of our community at this time. Whether it is utilizing our resources and services or looking for ways to impact others, we have included how you can get involved!

SUPPORT GROUPS

Effective immediately, we at NAMI Pinellas have changed the model of our support groups from meeting in person to meeting over the phone. Our support group facilitators are updated consistently in order to continue supporting each individual engaging virtually. This crucial step has been taken to ensure you are still receiving the support you need as well as protecting your physical health and well being. You may now call in from the comfort of your own home!

To Participate In A Support Group, Call Toll-Free:
Phone Number: (844) 801-3333
Access Code: 923903

Support Group Meeting Times In March 2020

Connections Recovery Support Group
-Mondays | 6:00 PM

-Tuesdays | 5:00 PM
Family Support Group
-Thursday, March 19th | 6:00 PM

-Wednesday, March 25th | 1:30 PM
Virtual Family Connect Room

Our sister affiliate NAMI Broward County, has partnered with In the Rooms (ITR), an online social support network, is introducing virtual,FAMILY CONNECT to Mental Health for adult family members and caregivers.

VIRTUAL, Family Connect to Mental Health is an online forum available to adult family members and caregivers who has a loved one who has or is experiencing symptoms associated with a mental health condition.

Starting on Monday, March 23rd at 7:00 PM the virtual room will be OPEN every 4th Monday of every month.
Interested? Follow Two Easy Steps:

Step 1: Visit intherooms.com and create an account. (Your personal information will be kept confidential).

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Step 2: Join Online by signing to the chat room link here.

NEXT Open Chat: Monday, April 27th 2020 | 7:00 PM

Questions? Please contact info@namibroward.org for more information.

Phone Numbers

Toll free	(844) 801-3333 To Participate In A Support Group, Call Toll-Free	Business	727-826-0807
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Website nami-pinellas.org/covid-19-response/

Email info@namibroward.org

Site Information

Location	8800 49th Street North, #302 Pinellas Park, FL 33782	Mailing Address	8800 49th Street North, #302 Pinellas Park, FL 33782
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Program Information

Eligibility

Languages Offered

Payment Options

Fees

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Pinellas County